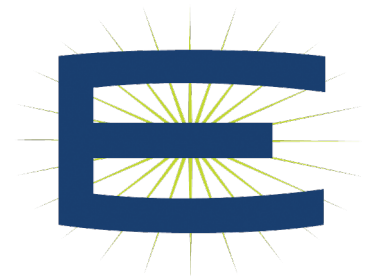


Sex Education



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LEGAL PARAMETERS

Arizona Revised Statutes (§§ 15-711, 15-716, and 15-102) state that if a school chooses to teach sex education, instruction must be age-appropriate, include instruction on the laws relating to sexual conduct with a minor (grades 7-12), and stress abstinence.

Arizona Administrative Code R7-2-303 states that schools may “provide a specific elective lesson or lessons concerning sex education as a supplement to the health course of study.” **Schools that choose to provide sex education must have the lessons approved by the school’s local governing board.** All sex education materials and instruction that discuss sexual intercourse must:

- Stress that pupils should abstain from sexual intercourse until they are mature adults;
- Emphasize that abstinence from sexual intercourse is the only method for avoiding pregnancy that is 100% effective;
- Stress that sexually transmitted diseases (STDs) have severe consequences and constitute a serious and widespread public health problem;
- Include a discussion of the possible emotional and psychological consequences of pre-adolescent and adolescent sexual intercourse and the consequences of pre-adolescent and adolescent pregnancy;
- Promote honor and respect for monogamous heterosexual marriage; and
- Advise pupils of Arizona law pertaining to the financial responsibilities of parenting and legal liabilities related to sexual intercourse with a minor.



LOCAL CONTEXT

- 8 high school students (7 female and 1 male) have independently reported to the social worker this school year they are having unprotected sex and are unsure of the ramifications.
- Growing number of students and staff expressing concern that lack of sex education constitutes a risk to the school fulfilling its mission of children going to college and maximizing positive impact in the world.

GOAL AND ACTIONS

- The school social worker has established the goal of developing and implementing a sex education curriculum in order to mitigate the risks of teenage pregnancy and of proliferating STD's.
- She has sought sources for existing curriculum and referenced the binding and guiding laws and parameters in Arizona.
- She has worked closely with the Executive Director in the development and review of this curriculum.
- Per state legislative requirements, this curriculum represented in the following slides and additional slides referenced herein is being presented to the Governing Board for its review and approval, upon which implementation of the curriculum would be scheduled for the following semester through the school's Biology and Science Foundation courses that all students take.
- Per state legislative requirements, students whose parents do not opt into these lessons will be excused from this week of classes and given alternative work in a nearby classroom to progress toward mastery of the state Biology standards.

Sex Education

Curriculum approved December, 2022





Day 1 Objective – Why sex education?

- SWBAT define sex and sexual intercourse, and describe how education about sex relates to the core values of the school, in order to establish a foundational framework for the following lessons and establish norms to engage with the content so that students engage in and retain learning.

What is sex?

- Sexual intercourse

(Meriam Webster dictionary)

- Physical activity between two people in which they touch each other's sexual organs, and which may include sexual intercourse

(Oxford English Dictionary)



What is sexual activity?

- Sexual activity means the oral, anal, or vaginal penetration by, or union with, the sexual organ of another or the anal or vaginal penetration of another by any other object; however, sexual activity does not include an act done for a bona fide medical purpose.

(Law Insider)

- Sexual activity or "sexual contact" means soliciting or engaging in any activities of a sexual nature, including kissing, fondling, or touching of the body, specifically to the genitals but may include other parts of the body meant to cause sexual arousal.

(Law Insider)

How is sexual education related to our core values?

Respect and humility

To be fulfilled, we must orient ourselves accurately to the world. We must realize that we are not the center of the universe, and that moral laws, physical laws, social norms, and positions of authority exist. This awareness is the foundation for justice, goodness, and peace. It focuses on and accurately recognizes the value in others, which fosters appreciation of the beauty and blessings around us and a sense of gratitude within us. This inspires the way we see and interact with our students, their families, our co-workers, others in our organization, and the greater community.

How is sexual education related to our core values?

Integrity

Integrity means oneness—being complete, whole, and true to oneself. Just as we are surrounded by beauty and goodness that deserve appreciation, each of us has infinite value within us. We must discover and be true to who we were created to be, and empower each other and our students to do the same. The unique and diverse cultures, perceptions, personalities, passions, zest for life, sense of humor, abilities, interests, and the capacity to lead and influence provide a rich array of authentic community that is only full when all are truly themselves.

How is sexual education related to our core values?

Compassion and empathy

This means being sacrificially committed to the well-being of others. It includes a willingness to identify with others, share their struggles and their triumphs, and deeply understand the source of both. It manifests itself in seeking to understand the motivations and perceptions of others, and how they perceive us. It requires assuming the best about others, seeing the best in others, and hoping the best for others—all others. This forges an inseparable, synergistic bond between every individual in our organization, each student, each family, and individuals in our community. It also is the primary motivator for our collective efforts to empower ourselves and each other to empower others.

How is sexual education related to our core values?



Optimism and Hope

Regardless of circumstances, we will remain courageously focused on what is good, what is right, what is pure, what is noble, what is excellent, what is praiseworthy, what is admirable, what is possible—and how to make these ideals the reality for our students, our families, our co-workers, others in our organization, and the greater community and world.

How is sexual education related to our core values?



Stewardship and Restoration

Scarcity is a reality in our world. We will respect and enhance the value of the finite resources in our organization, community, and world.

How is sexual education related to our core values?



Wisdom and Truth

We will respect and adhere to time-tested principals and truths, while suspending judgment in order to think deeply about their nuanced applications in a complex world. We will demonstrate curiosity about the world in which we live and the people with whom we live. We will develop an acute awareness of the injustices in our communities and in our world in greatest need of restoration. We will consider multiple perspectives and multiple facets of them, and balance creativity and logic in exploring their causes and most strategic solutions—including the specific actions to be taken, outcomes to be achieved, resources to be used, and people to invest.

How is sexual education related to our core values?



Perseverance and Excellence

We will become who we were created to be and do what we have been empowered to do in our community and in our world. We will overcome obstacles and exhaust all options to fulfill our commitments at the highest level of quality and demonstrate excellence in all our endeavors. This will require urgent, sustained, hard work. It will require silencing distractions around us and inside of us. It will involve self-discipline and self-control, diligence and determination, tenacity and delayed gratification.

Day 2 Objective – Benefits of sex and abstinence

- SWBAT describe the benefits of abstaining from sexual activity until marriage, including sexual quality, relationship stability, relationship satisfaction, and impact on children.

Day 2 Objective – Benefits of sex and abstinence

- Students: Take out a sheet of paper and fold it in half. On the left side, write "Pros," and on the right side, write "Cons." Then, head the paper: Waiting until marriage to have sex. Spend 5 minutes listing all of the pros and cons you can think of.



Day 2 Objective – Benefits of sex and abstinence

- Students write interesting facts as they read article, especially around quality of sex, stability in the relationship, and satisfaction in the relationship:

<https://www.webmd.com/sex-relationships/news/20101227/theres-benefits-in-delaying-sex-until-marriage>

- Students compare the interesting facts with the pros and cons list they created and updated it to increase its accuracy.



Day 2 Objective – Benefits of sex and abstinence

- We have talked about the quality of the sexual experience, the stability of the overall relationship, and satisfaction in the relationship, but there is another even more significant benefit from having sex in marriage. What is it??
- Use the site [verywellfamily.com](https://www.verywellfamily.com) to identify key stages in the development of the baby, especially during weeks 4, 6, 8, 15, 20, 25, 30, and 36.
 - Note the difference between gestational period (from onset of last menstrual cycle) and developmental age (from conception, 1-3 weeks younger than gestational age)



Day 2 Objective – Benefits of sex and abstinence

- Take 1 minute to list all of the benefits of waiting until marriage to have sex for your baby.
- Collect ideas using volunteers and cold call, and write these on the Board.
- Read the [article](#) and list interesting facts about benefits for the baby of waiting until marriage to have sex. Then, engage in a class conversation to update the list originally generated on the board.
- Students take 2 minutes to synthesize and update their response to the benefits of waiting to have sex until marriage.



Day 3 Objective – Risks of sex before / during teenage years

- SWBAT explain the risks of engaging in sexual activity with more than 1 partner or during/before teenage years, including of pregnancy and sexually transmitted diseases.
- SEE CPLC SLIDES REGARDING CONTRACEPTION AND STD'S



Day 4 Objective – Risks of sex before / during teenage years

- SWBAT explain the risks of engaging in sex during/before teenage years, including emotional/psychological consequences, legal risks, and financial risks.



Day 4 Objective – Risks of sex before / during teenage years

- Students: Take out the sheet of paper from Day 2 that had "Pros" and "Cons" for waiting until marriage to have sex. Turn it over. On the back of the paper, write "Positive" and "Negative" again, and this time head the paper, Emotional and Legal effects of having sex before / during your teenage years.
- Spend 5 minutes listing all of the positive and negative consequences you can think of regarding having sex before / during your teenage years.

Day 4 Objective –

Risks of sex before / during teenage years



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- Students write interesting facts as they read article. Students may need to copy/paste the link to access the article and copy/paste the article into google translate in order to read it:
<https://docs.google.com/document/d/10DTJfMmKb-k5htdzBjge2HjBNWRSBVCXRd1z8Sn-nrU/view#>
- Students compare the interesting facts with the pros and cons list they created, and update it to increase its accuracy.



Day 4 Objective –

Risks of sex before / during teenage years

- Read the [article](#) and list interesting facts about legal and financial effects of having sex before / during teenage years. Then, engage in a class conversation to update the list originally generated on the board.

Students may need to copy/paste the link to access the article and copy/paste the article into google translate in order to read it:

<https://docs.google.com/document/d/1qXH2jRAWkb3RNu7BBpdO0PeJn8u5gQ-Nb-rwDOWCBCM/view?usp=sharing>

- Students compare the interesting facts with the pros and cons list they created, and update it to increase its accuracy.



Closing Reflection

- You have now nearly completed your sex education course.
- Your last activity is to reflect and write about benefits of waiting until marriage to have sex, and the effects of having sex before or during your teenage years regarding your health, your emotions, and the well-being of your baby.
- Conclude with a note to yourself regarding your decision and plan regarding sex and reasons for your decision. Choose someone you can read it to who can help you follow through with your plan.